

Massage and Body

MASSAGES

Green Juice Body Massage

30 MINUTES

Back, Neck, Shoulders & Scalp **\$70**

ONE HOUR

Full Body & Scalp **\$95**

Enjoy a relaxing and rebalancing body massage to soothe those aching, sore and tense muscles. Green Juice Balm melts when warmed to infuse nourishing and healing nutrients, leaving the skin feeling soft and smooth with that all over moisture glow. Nourish dry, sensitive skin and help relieve symptoms like eczema and inflammation of the skin.

Juicy Back Attack

45 MINUTES

This melting relaxation treat is also a super skin fix for the back.

Perfect for anyone suffering from breakouts, blackheads and/or acne on the back. Skin is cleansed, detoxified, steamed and exfoliated. A prescription mask is applied, then removed using hot towels. Followed by a relaxing back and neck massage and finished with a moisturiser to suit your skin and finish the treatment **\$85**

Aromatherapy Massage

60 MINUTES

Enhance relaxation with doTERRA essential oils tailored to your needs. **\$130**

Remedial Massage

60 MINUTES

A Target specific muscular tension, pain or injuries with precise techniques. **\$130**

Deep Tissue Massage

60 MINUTES

Working on the deeper layers of muscle to relieve chronic tension and improve mobility. **\$130**

Lymphatic Drainage Massage

60 MINUTES

A gentle, rhythmic massage to stimulate the lymphatic system, reduce swelling, improve circulation and boost overall wellness. **\$130**

Hot Stone Massage

60 MINUTES

Using smooth heated stones this type of massage will help relax muscles, improve circulation and promote deep relaxation. **\$130**

Swedish Massage

30 MINUTES

\$60

60 MINUTES

\$85

All specialised massages can be extended to 90 minutes for an additional \$50.00

BODY TREATMENTS

Top-to-Toe Body Glow

Body Peel or scrub

45 MINUTES

Skin Type: All skin types

Skin Concern: Dryness, dullness and breakouts

A berry fruity exfoliation to reveal bright and glowing skin. Delicious blueberry infused drops are massaged onto the body to smooth, revive and hydrate the skin **\$85**

Juice Melt Body Massage

ONE HOUR

Skin Type: All skin types

Let the world melt away as you relax and rebalance your body with this soothing massage. Customise your experience by adding a yummy juicy aroma to the healing Green Juice balm. Relieve tense and aching muscles and nourish your skin for a soft and smooth glow **\$115**

ADVANCED TREATMENTS

Advanced treatments also available, prices are varied and tailored to clients

Treatments include:

- ☐ IPL/SHR permanent hair removal
- ☐ Advanced Facial treatments, LED, Skin Rejuvenation, Vascular and Pigmentation treatments.
- ☐ LED Microdermabrasion Facial
- ☐ LED light therapy with face and neck micro-needling
- ☐ Micro + IPL rejuv + LED
- ☐ Skin tightening and fat cavitation
- ☐ Tattoo removal

Full consult on all advanced treatments and patch test required **\$55**

PREGNANCY TREATMENTS

Pregnancy Massage

ONE HOUR

A gentle, supportive massage to help relieve aches and ensure comfort to expecting mothers. **\$130**

Pregnancy Glow Facial

ONE HOUR

Skin Type: All skin types

Skin Concern: Sensitivity, breakouts and dehydration

A pregnancy safe peel will help treat common pregnancy skin concerns such as pigmentation, sensitivity, breakouts and dehydration. A freshly blended mask is then applied to nurture your skin and leave it renewed, glowing and as soft as a baby's bottom **\$125**

Mummy's Tummy (Belly) Facial

35 MINUTES

Skin Type: All skin types.

Skin Concern: Irritation, dehydration and stretch marks

Comfort irritated, dry and stretching skin with this nourishing moisture treatment for the tummy. A gentle massage and hydration hit to help keep the skin supple and help prevent stretch marks **\$65**

Mummy-to-Be Body Treat

ONE HOUR

Skin Type: All skin types. Skin Concern: Irritation, dehydration and stretch marks.

A unique body treat that has been specifically designed for the Mummy-to-Be. Get that top-to-toe glow by exfoliating dull, dead skin cells away. This is followed by a massage to reduce stress, discomfort, and muscle tension. A nurturing experience to care for you and your body **\$135**

Mummy-to-Be Bundle of Love

90 MINUTES

Skin Type: All skin types.

Skin Concern: Irritation, dehydration and stretch marks.

Quench pregnancy cravings with this beautiful bundle. Brighten your day and get that healthy glow, while also soothing and relaxing a tired pregnant body. Includes a mini facial, 30-minute massage, foot soak and foot massage **\$195**

SPA PACKAGES

Rebalance

45 MINUTES

Juice Taster Facial

Coconut Juice Splash Hair Treatment

Hand & Foot Massage **\$135**

Renew you

90 MINUTES

Juice Taster Facial

Microdermabrasion

LED Light Therapy

Hand & Foot Scrub with Massage

Scalp Massage **\$200**

Relax & Radiate

TWO HOURS

Zen Berry Peel Facial

Body Scrub & Juicy Melt Body Oil

Scalp, Hand & Foot Massage **\$230**

Revitalize

THREE and a HALF HOURS

Spa Manicure

Spa Pedicure

My Juice Blend Facial 30 MIN

Hot Stone Massage 30 MIN **\$340**

Ultimate Indulgence Package

FOUR and a HALF HOURS

Purifying Pineapple Peel Facial ONE HOUR

Full Body Green Juice Massage ONE HOUR

Body Scrub & Body Wrap

Coconut Splash Hair Treatment

Spa Pedicure **\$445**